# FELLOWSHIP IN HOSPITAL MEDICINE (FIHM)

# **Prospectus – 2024-25**

# RAJAGIRI

Carmelites of Mary Immaculate (CMI), founded in 1831 by St. Kuriakose Elias Chavara is the first indigenous religious order of the Catholic Church in India. Till date, it remains the largest among various such Christian initiatives in India with the mission of propagating and practicing love, truth, service and justice. It has grown having almost 2500 members, and 15 provinces spread all over the country and abroad, finding newer ways and avenues to spread the good news of God's love and care.

The CMI across the globe, during the past two centuries, have tried to give expression to the good news of God's care and concern in many and new ways, especially through the liberating mission of education. It has established a unique and unparalleled tradition in this field, by steady and systematic steps in covering all avenues of education.

Sacred Heart Province, Kochi, popularly known as RAJAGIRI, of the CMI has been the leader as far as quality and advanced education is concerned. It has been in the forefront in the quality movement in education – in school, college and technical and professional education in the state. The Rajagiri brand in education is renowned for its unique blend of quality – of the best in teaching-learning of curriculum, and going beyond curriculum by reaching out the benefits of education to society at large.

Rajagiri Hospital is a prestigious initiative from the Rajagiri (CMI) group of institutions based in the pristine State of Kerala (India), to provide state of the art healthcare services.

This mega project is indeed a thoughtful response to the vital needs of the present day health care sector, mainly that of offering quality and affordable medical care at the hands of committed and competent health care professionals. The idea is to bring the highest standards of expertise and skill involved in the treatment of patients, using the most advanced and sophisticated instrument techniques available currently in the world and to bring the benefit of these at affordable rates. Rajagiri hospital has been accredited by the National Accreditation Board for Hospitals & Healthcare Providers (NABH) and has been awarded accreditation by Joint Commission International (JCI), as an ultimate stamp on the safety and quality of the services rendered here.

The Rajagiri campus for 'Rajagiri Healthcare and Education Project' is a well laid out, sprawling 40-acre green landscape in the serene setting of Chunangamvely, Aluva, in close proximity to the Cochin International Airport.

# **OUR VISION**

"... to give life abundantly"

## **OUR MISSION**

\*\* To provide the most advanced & scientific, curative, preventive & promote healthcare that leads to an 'abundance of life' .

\*\* To undertake specialized and holistic healthcare services of world standard and to provide them to all sections of the society, with special concern for the marginalized.

\*\* To grow into a model & global leader in healthcare, innovative teacher in medical sciences & pioneering research centre on health.

#### Fellowship in Hospital Medicine

During residency period, MBBS aspirants develop their ability to care for medical inpatients in a team environment. However, when they independently practice in a hospital and they have to be more responsible for all elements of patient care. This difference between the typical teaching environment in residency and the actual practice in hospital may leave some new medical graduates unprepared for real-world practice.

The goal of this Fellowship is to expose residents, who may be considering a career in hospital medicine. Throughout this elective, residents will work one-on-one under the supervision of specialist, caring for patients on services organized to run without resident support. This is a patient care model we feel most accurately reflects what a practicing hospitalist will experience following residency.

#### **Specific Aims and Objectives**

At the end of 3 years of training, a resident must acquire the following knowledge, skills and competencies:

- Help residents to develop skills in system-based practice which hospitalists are expected to master, particularly those that revolve around patient throughput efficiency, and quality of care.
- Help resident to become more comfortable with peri-operative management of surgical patients and learn the co-management model.
- Teach residents about the patient care in an inpatient unit and how to manage patients with low risk chest pain.
- Expose residents to the importance of fiscal care responsibility and the need for prioritizing diagnostic tests and identifying those which should be deferred to the outpatient setting.
- Teach residents the skill of communicating the specific goals of hospitalization to patients, caregivers, and nursing staff, with early implementation of discharge planning.
- Expose residents to the basics of medical documentation.

- Teach residents the important skill of care transitioning, within the hospital
- Allow residents to participate in hospitalist quality improvement projects
- Allow residents to participate in a research paper or abstract, potentially creating publications for them prior to course completion.
- Teach residents how to safely perform a spectrum of bedside medical procedures.

#### **Highlights**

- Regular clinical case discussion
- Classes by various clinical departments
- Training in routine diagnostic procedures
- Involvement in research and publications

#### **Eligibility**

- MBBS (MCI recognised)
- Foreign Medical Graduate should have cleared FMG screening exam before enrolling to course. Should have completed Mandatory Internship.
- TCMC/ KSMC registration.

#### Mode of Selection

Selection will be based on the interview rating. The interview panel will use their discretion to select the candidate.

#### **Course Policy**

- 1. Duration: 1 year
- 2. Leave as per institutional policy.
- 3. The head of the department will approve the duty hours for the candidates each month.
- 4. Mandatory 90% attendance required.
- 5. Hostel facility is not provided.

#### **Course Fee:**

25,000 INR (Will be refunded at the end of course)

The prescribed fee shall be paid by the candidate at the time of admission and at the start of every academic year. The fee once remitted shall be refunded at the end of course.

#### <u>Stipend</u>

All Trainees will be paid a monthly stipend as per the remuneration policy of the Hospital.

# Academic Team

Dr. Gigy Kuruttukulam Medical Director

#### Dr. Jaicob Varghese Associate Medical Director – Academics & Research

#### **Course Director**

Dr. Sunny P Orathel, Medical Superintendent

#### **Course Coordinator:**

Dr. Salini Baby John, Sr. Consultant, General Medicine

### **Faculty**

Sr. Consultants of All Medical and Surgical Specialties

#### HOW TO APPLY:

- Send your updated CV with Photograph through the mail: <u>med.academics@rajagirihospital.com</u>
- Last date for submitting application form on or before 5 PM, 15<sup>th</sup> June 2024.

#### Documents:

- 1. Self- Attested copy of mark sheet and MBBS certificate.
- 2. Self- Attested copy of TCMC Registration.
- 3. Proof for Date of Birth.
- 4. Conduct certificate from the Head of the Institution where the candidate last studied.
- 5. Proof of Identity.
- 6. Self- Attested copy of experience certificate, if applicable.
- 7. Recent passport size photograph
- Selected candidates will have to undergo a medical examination conducted by Rajagiri Hospital. Students will have to bear the cost thereof.
- Students are required to undergo Hep B vaccination as per the hospital rule at their own cost.

#### **PROHIBITION OF RAGGING:**

• Ragging/ or any type of misconduct towards any student either in the campus or outside is prohibited and may attract appropriate legal action.

#### CONTACT US:

ACADEMIC ADMINISTRATOR RAJAGIRI HOSPITAL CHUNANGAMVELY, ALUVA - 683 112 KERALA, INDIA.

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